

ASIA PACIFIC LEAGUE OF ASSOCIATIONS FOR RHEUMATOLOGY

“APLAR REVIEW COURSE”

Friday, 27 November 2009
Diamond Hotel, Manila, Philippines

❖ Topics:

- Symposium on Basic and Translational Rheumatology
- Symposium on Clinical Practice Guidelines Development
- Symposium on Clinical Research: developing a protocol and authorship guidelines
- Symposium on Outcome Measures in Rheumatology and relevance in clinical trials

❖ Faculty of Speakers:

- Prof. Chak S Lau, MD - Professor of Rheumatology, University of Dundee Scotland, UK
- Prof. Zhanguo Li, MD, PhD - Professor of Medicine, Beijing University Medical School
- Prof. Yoshinari Takasaki, MD, PhD - Dept. of Internal Medicine & Rheumatology, School of Medicine, Juntendo University, Tokyo, Japan
- Dr. Kazuhiko Yumamoto – Dept of Allergy & Rheumatology, The University of Tokyo, Japan
- Dr. Mo-yin Temy Mok – Clinical Assistant Professor and Honorary Associate Consultant, Division of Rheumatology & Immunology, Department of Medicine, Queen Mary Hospital, The University of Hong Kong
- Dr. Evelyn O. Salido - Rheumatologist & Clinical Epidemiologist, Univ. of the Philippines-Philippine General Hospital
- Dr. Sandra A. Tankeh-Torres- Rheumatologist & Clinical Epidemiologist, Cardinal Santos Medical Center, Manila, Philippines
- Dr. Sandra V. Navarra– Rheumatologist & Clinical Immunologist, St. Luke’s Medical Center / University of Santo Tomas, Manila, Philippines
- Dr. Benjamin G. Co – Former Editor-in-chief, Santo Tomas Journal of Medicine, University of Santo Tomas, Manila, Philippines
- Dr. Kevin Pile – Rheumatologist, Conjoint Professor of Medicine-University of Western Sydney, Australia
- Dr. James Cheng-Chung Wei, PhD - Chief, Division of Allergy, Immunology and Rheumatology; Director, Chinese Medicine Clinical Trial Center, Chung Shan Medical University, Hosp. Taichung, Taiwan

❖ Registration Fees:

- Specialists / Consultants US\$60.00
- Gov’t MDs / Trainees / Med. Student US\$40.00
(with certification)

Co-organized by

Philippine Rheumatology Association (PRA)

Asia Pacific League of Associations for Rheumatology (APLAR)



ASIA PACIFIC LEAGUE OF ASSOCIATIONS FOR RHEUMATOLOGY

“APLAR Review Course”

REGISTER NOW!

Limited seats available on “First come First-served basis”

Dr./Prof/Mr/Ms:
Hospital Affiliation:
Address:
Tel. #: Fax #:
Email:

For further inquiries, contact PRA Secretariat:
Rm. 1408, 14/F North Tower, CHBC, SLMC, Q.C., Phils.
Tel/Fax #: (+632) 726-8875 Email: pra_office@yahoo.com
www.aplar.org or www.philippinerheumatology.org

Please return this registration form & proof of payment to: PRA Secretariat

Tick appropriate box

- Specialist / Consultant US\$60.00
- Gov’t MD / Trainee / Student US\$40.00

Payment Options:

- Cheque payment to: Philippine Rheumatology Association
- Bank transfer
Account Name: Philippine Rheumatology Association (PRA)
Account No.: 3894-0073-45 Swift Code: BOPIPHMM
Bank Name: Bank of the Philippine Islands (BPI)
Branch Name: St. Luke’s Branch, E. Rodriguez Ave., QC, Phils.
- On-site Payment



**ASIA PACIFIC LEAGUE OF ASSOCIATIONS
FOR RHEUMATOLOGY**
With the
PHILIPPINE RHEUMATOLOGY ASSOCIATION



APLAR REVIEW COURSE

Friday, 27 November 2009

Diamond Hotel, Roxas Boulevard, Manila, Philippines

PROGRAM SCHEDULE

7:00 – 8:00 AM

Arrival and Registration

8:00 – 8:15 AM

Opening Ceremonies

I. Welcome messages

- Caroline G. Arroyo, MD
President, Philippine Rheumatology Association (PRA)
- Prof. Ho-Youn Kim, MD
President, Asia Pacific League of Associations for Rheumatology (APLAR)

II. Introduction to the course

- Inocencio P. Alejandro, MD
Vice-president, Philippine Rheumatology Association

8:15 – 9:40 AM

S1: Symposium on Basic Rheumatology – I

Session chair: Dae-Hyun Yoo, MD, PhD (Korea)

8:15 – 8:45 AM

S1.L1: *“Genetics of rheumatic diseases”*

Speaker: **Kazuhiko Yamamoto, MD**

Dept of Allergy & Rheumatology, Graduate School of Medicine
The University of Tokyo, Japan

Objectives: At the end of the session, the participants should be able to

1. Enumerate recent advances in the genetics of common rheumatic diseases
2. Discuss genetic differences between Asian and Western populations and how these impact on causation and progression of the rheumatic diseases
3. Apply this knowledge of genetics in the proper clinical setting

8:45 – 9:15 AM

S1.L2: *“Development of biomarkers: Basic science perspective”*

Speaker: **Mo-Yin Temy Mok, MD**

Dept. of Medicine, Queen Mary Hospital
The University of Hongkong, HK

Objectives: At the end of the session, the participants should be able to

1. Describe how novel biomarkers are identified and developed

2. Enumerate recently developed biomarkers for use in the rheumatic diseases
3. Apply this knowledge of biomarkers in the proper clinical settings

9:15 – 9:40 AM

OPEN FORUM / DISCUSSION

9:40 – 10:00 AM

BREAK

10:00 – 11:20 AM

S2: Symposium on Basic Rheumatology - II

Session chair: Swan Sim Yeap, MD (Malaysia)

10:00 – 10:30 AM

S2.L1: *“Role of citrullinated antigens in rheumatoid arthritis”*

Speaker: **Zhanguo Li, MD, Ph.D.**

Professor of Medicine, Beijing University Medical School
 President-elect, Chinese Rheumatology Association (CRA)
 Editor-in Chief, Chinese Journal of Rheumatology
 Chief, Department of Rheumatology and Immunology , People's Hospital

Objectives: At the end of the session, the participants should be able to

1. Describe how citrullinated antigens were identified and developed as markers in rheumatoid arthritis
2. Appreciate the importance of citrullinated antigens in the pathogenesis of rheumatoid arthritis
3. Describe the role of studying citrullinated antigens in the management rheumatoid arthritis

10:30 – 11:00 AM

S2.L2: *“Autoantibodies in Connective Tissue Diseases–Its Mechanism of Production and Clinical Significance*

Speaker: **Prof. Yoshinari Takasaki, MD, Ph.D.**

Department of Internal Medicine and Rheumatology, School of Medicine, Juntendo University , Tokyo, Japan

Objectives: At the end of the session, the participants should be able to

1. Describe how autoantibodies are generated in the connective tissue diseases
2. Differentiate forms of autoantibodies: pathogenic, non-pathogenic and protective
3. Appreciate the relevance of autoantibodies as markers in connective tissue diseases

11:00 – 11:20 AM

OPEN FORUM / DISCUSSION

11:20 AM – 12:30 PM

S3: Symposium on Translational rheumatology: Clinical Practice Guideline (CPG) Development

Session chair: Ester G. Penserga, MD, FPCP, FPRA (Philippines)

S3.L1: *“Why APLAR countries need local Clinical Practice Guidelines”*

Speaker: **Sandra Tankeh-Torres, MD, FPCP, FPRA (Philippines)**

Rheumatologist and Clinical Epidemiologist
Cardinal Santos Medical Center, Manila Philippines

Objectives: At the end of the session, the participants should be able to

1. Briefly describe how clinical practice guidelines are developed
2. Appreciate why local guidelines need to be developed despite recommendations from international societies
3. Identify means by which practice guidelines could be tailored for a particular region

S3.L1: *“Planning your CPG workshops: The Philippine experience”*

Speaker: **Evelyn O. Salido, MD, FPCP, FPRA (Philippines)**

Rheumatologist and Clinical Epidemiologist
University of the Philippines-Philippine General Hospital

Objectives: At the end of the session, the participants should be able to

1. Appreciate the importance of workshops in generating relevant clinical practice guidelines
2. Describe the preparations needed when planning clinical practice guidelines workshops
3. Appreciate the Philippine experience in guidelines development

12:30 – 1:30 PM

LUNCH BREAK

1:30 – 3:00 PM

S4: Symposium on Clinical Research – I: Developing a Protocol and Getting Published

Session chair: Tak Hin Chan, MD (Hongkong)

S4.L1: *“Designing clinical research despite limited resources”*

Speaker: Prof. Chak Sing Lau, MD

Professor of Rheumatology, University of Dundee Scotland, UK
Editor-in-chief, International Journal of Rheumatic Diseases

Objectives: At the end of the session, the participants should be able to

1. Describe factors considered when designing clinical research
2. Describe how limited resources affect research design
3. Propose and implement maneuvers that address the problem of limited resources

S4.L2: *“Authorship: Myths, Truths & Lies”*

Speaker: **Benjamin G. Co, MD, FPPS, FPS (Philippines)**

Former Editor-in-chief, Santo Tomas Journal of Medicine,
University
of Santo Tomas, Manila, Philippines

- Objectives: At the end of the session, the participants should be able to
1. Describe the duties, responsibilities and benefits of becoming an author
 2. Understand dilemmas and controversies surrounding authorship
 3. Propose and implement remedies to problems regarding authorship
 4. Identify the rightful author in a publication or research work

3:00 – 3:20 PM

COFFEE BREAK

3:20 – 5:00 PM

S5: Symposium on Clinical Research – II: OUTCOME MEASURES in rheumatology and clinical trials

Session chair: Eric Jason B. Amante, MD, FPCP, FPRA

3:20 – 3:50 PM

S5.L1: *“Outcome Measures in Systemic Lupus Erythematosus (SLE)”*

Speaker: **Sandra V. Navarra, MD, FPCP, FPRA (Philippines)**

Rheumatologist

University of Santo Tomas Hosp. / St. Luke’s Medical Center,

Manila, Philippines

- Objectives: At the end of the session, the participants should be able to
1. Identify available measures of health outcome in rheumatic diseases, especially Systemic Lupus Erythematosus
 2. Differentiate outcome measures in terms of their advantages and limitations
 3. Understand how outcome measures can be used in estimating treatment effects of novel agents in the management of SLE

3:50 – 4:20 PM

S5.L2: *“Outcome Measures in Rheumatoid Arthritis (RA)”*

Speaker: **Kevin Pile MB ChB, MD, FRACP (Australia)**

Rheumatologist

Conjoint Professor of Medicine - University of Western Sydney,
Australia

- Objectives: At the end of the session, the participants should be able to
1. Identify available measures of health outcome in rheumatic diseases, especially Rheumatoid Arthritis
 2. Differentiate outcome measures in terms of their advantages and limitations
 3. Understand how outcome measures can be used in estimating treatment effects in RA

4:20 – 4:50 PM

S5.L3: *“Successful Conduct of clinical trials”*

Speaker: **James Cheng-Chung Wei, MD, Ph.D. (Taiwan, R.O.C.)**

Chief, Division of Allergy, Immunology and Rheumatology

Director, Chinese Medicine Clinical Trial Center

Chung Shan Medical University Hospital, Taichung, Taiwan.

- Objectives: At the end of the session, the participants should be able to

1. Describe factors that contribute to the successful conduct of clinical trials
2. Identify potential barriers that may be encountered during clinical trials
3. Prescribe remedies or solutions to these barriers

5:30 PM

SUMMARY & CLOSING

7:00 PM

APLAR Executive Committee Dinner Meeting